



SAMPLE: FIRST FOUR DAISY GIRL SCOUT MEETINGS

Objective

The goal of your first four meetings is to encourage the girls and adults to get to know each other and to be able to function as a troop. Also, girls will prepare for their investiture and rededication ceremony and earn the Promise Circle.

Introduction

What follows are basic outlines for your first four Daisy Girl Scout meetings. They are designed to help you get started, and can be changed or modified to fit the needs and interests of the girls. In preparation for the troop's investiture ceremony, the suggested activities relate to the Girl Scout Promise and Law.

Resources

Suggestions include but are not limited to the following:

- *Welcome to the Daisy Flower Garden* Journey Book
- Daisy Facilitator Set
- GSUSA's Journey 1 Girl Scout Daisy Page
http://www.girlscouts.org/program/journeys/your_world/daisy.asp
- GSUSA's Ceremony Page
http://www.girlscouts.org/program/gs_central/ceremonies/
- The girls
- Your ideas
- Other adults in your troop
- The internet

Helpful Hints

- Use weekly themes to organize your activities
- Keep track of girls' comments and ideas from throughout the meetings – they have good ideas!
- Work with the adults in your troop; get them involved
- Depending on the day/time you meet, you may want to include a snack time
- Daisies have a short attention span – be sure to plan many activities during a meeting, and break longer activities into smaller sections



MEETING ONE

Theme: Getting to Know You

START-UP ACTIVITY

Name Tags

Materials

- heavy paper in trefoil shapes with two holes punched out and the Girl Scout Promise lightly printed on the back (see attached template)
- yarn cut into long pieces (3 or 4 feet long)
- crayons/markers/pencils/etc

Instructions

- As girls arrive, give each of them a trefoil cut-out and a piece of yarn.
- Tie each end of the string in one of the punched holes (so they make a name tag necklace).
- Have them write their name on the trefoil and allow them decorate it as they see fit.
- They can wear the name tags around their necks when they're finished

OPENING

Introductions

- Introduce yourself and your co-leaders
- Have each girl introduce herself – name, grade, favorite something (animal, ice cream, color, etc)
- Have any adults who are present introduce themselves as well

Quiet Sign

- When the leader raises her hand (either regularly, or with the Girl Scout symbol), it is a sign that she needs the group's quiet attention.
- When the girls see the leader's Quiet Sign, they should raise their hands as well, and be quiet.
- "When the hand goes up, the mouth goes shut."
- Explain why it's important that the girls give their attention – important announcement, next instruction, too noisy, emergency, etc

Flag Ceremony

- Choose one girl to be the Color Bearer to hold the flag (can be a small flag), and two girls for the Color Guard.
- The rest of the girls should stand to form a horseshoe.
- Color Bearer stands at the open end of the horseshoe facing the troop, with Color Guard on each side.
- Every stands at attention (straight and tall).
- The leader leads the Pledge of Allegiance with the girls.



BUSINESS

Get-to-Know-You Game – I’m a Daisy Girl Scout

- Teach the girls the following poem:
*I’m a Daisy Girl Scout dressed in blue.
There are many things that I can do.
I can wiggle, I can jiggle, I can jump all around.
I can make a funny face and act like a clown.*
- Have the girls stand in a circle and join hands; instruct them to skip together in a circle.
 - Once they’ve mastered skipping together, have them recite the poem as they skip.
- Once they’ve mastered that, have one girl stand in the middle of the circle.
 - Before the troop starts the poem, the girl in the middle should introduce herself and say one thing she’d like to do as a Daisy Girl Scout.
 - Then the troop should skip and recite the poem; as that’s happening, the girl in the middle should act like a clown.
- When the poem ends and the girls stop skipping, the girl in the center chooses someone to replace her.
 - The new girl should introduce herself and say one thing she’d like to do as a Daisy Girl Scout.
 - As the poem is recited, the girl in the middle should act like a clown.
- Repeat until all the girls have had a turn in the middle.
- Adult Responsibility – as each girl says something she’d like to do, make a list of all these ideas.

Troop Agreement

With the girls, brainstorm a list of things to remember so that the troop can be safe and have fun at meetings. (i.e. listen to instructions, ask an adult before you go to the bathroom, etc). Write these ideas down (if possible, use large paper so everyone can see). When the list feels complete, ask all the girls and adults to agree to follow these rules for all future meetings.

ACTIVITIES

Girl Scout Promise

- Ask the following questions:
 - What is a promise?
 - Why is it important to keep our promises?
 - What if we forget?
 - What do the words, “I will try” mean?
- Teach the Girl Scout symbol (right hand, three fingers)
- Teach the Girl Scout Promise

On my honor, I will try:

To serve God and my country,

To help people at all times,

And to live by the Girl Scout Law





Promise Reminders

Materials

- original name tags
- green markers/crayons/pencils

Instructions

- On the back of the name tags the girls made earlier, have them trace over the Girl Scout Promise that's printed there. Read it together a couple times throughout the process.
- The girls should hang their name tags up at home so they can see them and practice saying the words.

CLEAN-UP

Girl Scouts always leave the place looking better than how they found it. Ask each girl to be responsible for her own place and her own supplies. Or, you could assign easy kapers (sweeping, collecting trash, pushing in chairs, etc).

CLOSING

Friendship Circle

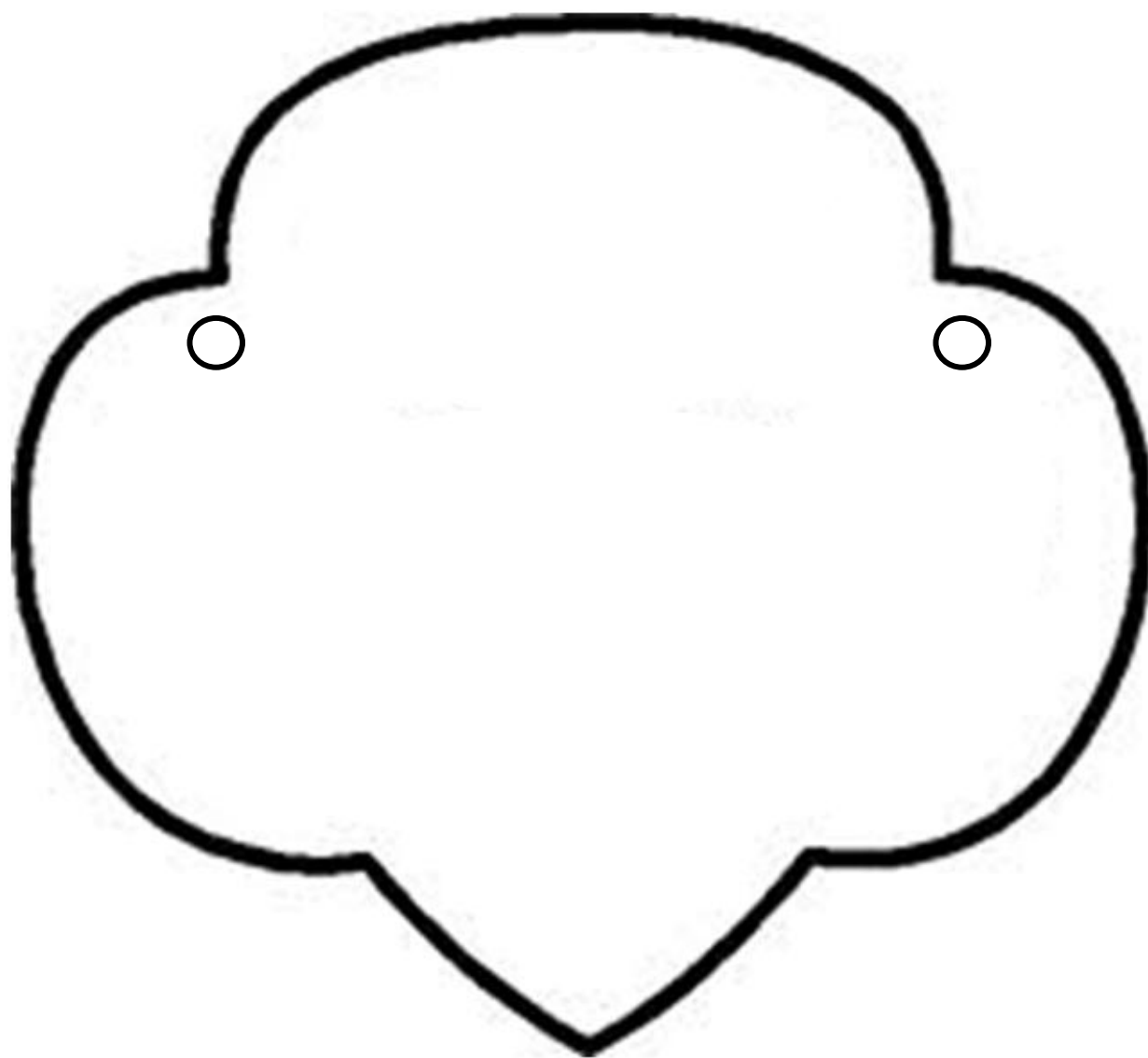
- Girls join hands to form a circle. Once they've formed a circle, they should rearrange their holds so that their arms are crossed right over left.



- One girl starts the circle by making a silent wish, then squeezing the hand of the girl on her right.
- Each girl squeezes the next girl's hand in turn, until the squeeze "gets back" to the first girl.
- The girl who began the squeeze can say, "Goodbye Daisy Girl Scouts."
- Remind the girls:
 - to hang their Promises where they can see them and to practice saying the words.
 - when the next meeting is.
- The circle breaks and the girls find their adults.

NAME TAG TEMPLATE

Front Side





NAME TAG TEMPLATE

Back Side





MEETING TWO

Theme: Getting to Know Girl Scouts

START-UP ACTIVITY

Daisy Chains

Materials

- long pieces of strong string/yarn/cord (about 3 or 4 feet long)
- beads (varying shapes and colors) that will fit on the string

Instructions

- As girls arrive at the meeting, give each of them a piece of string.
- They should make a bead necklace, using the string and beads.
- When they're finished, they will give their necklace to another girl (ties in with Girl Scout Law – *be a sister to every Girl Scout* – which they'll learn about later this meeting)

OPENING

Use the **Quiet Sign** to get the girls' attention. Welcome them to the second meeting.

Flag Ceremony

Hold a Flag Ceremony in the same manner as the last meeting. This time, add the Girl Scout Promise after the Pledge of Allegiance.

BUSINESS

Who was Juliette Gordon Low (JGL)?

Introduce JGL by reading, "Who is Juliette Low?" on page 6 of *Welcome to the Daisy Flower Garden Journey* book (or a similar story). JGL's birthday is on October 31 – brainstorm ways to celebrate her birthday. Introduce the idea of an investiture and rededication ceremony at this point, to be held on/around JGL's birthday.

What is an Investiture Ceremony?

An investiture ceremony welcomes new members, girls or adults, into the Girl Scout family for the first time. Girls will receive their Daisy Pin at this time.

What is a Rededication Ceremony?

A rededication ceremony is an opportunity for girls and adults to renew their commitment to the Girl Scout Promise and Law.

Ideas for the Ceremony

- How can we let people know about the ceremony? (invitations)
- How can we decorate for the ceremony?
- What should we do at the ceremony?



ACTIVITIES

Girl Scout Law

Remind girls of the line in the Girl Scout Promise, “and to live by the Girl Scout Law.” Teach them the Girl Scout Law (but they don’t have to memorize it; have it on a large display for them to see).

*I will do my best to be
honest and fair,
friendly and helpful,
considerate and caring,
courageous and strong, and
responsible for what I say and do,
and to
respect myself and others,
respect authority,
use resources wisely,
make the world a better place,
and be a sister to every Girl Scout.*

Daisy Petals

Explain to the girls about the Daisy petals – each of the petals is a different color, and each color represents a different part of the Girl Scout Law. (See attached explanation.) Then, give each girl a blank Daisy Petals handout (attached), and have them color the petals as you review the Girl Scout Law again.

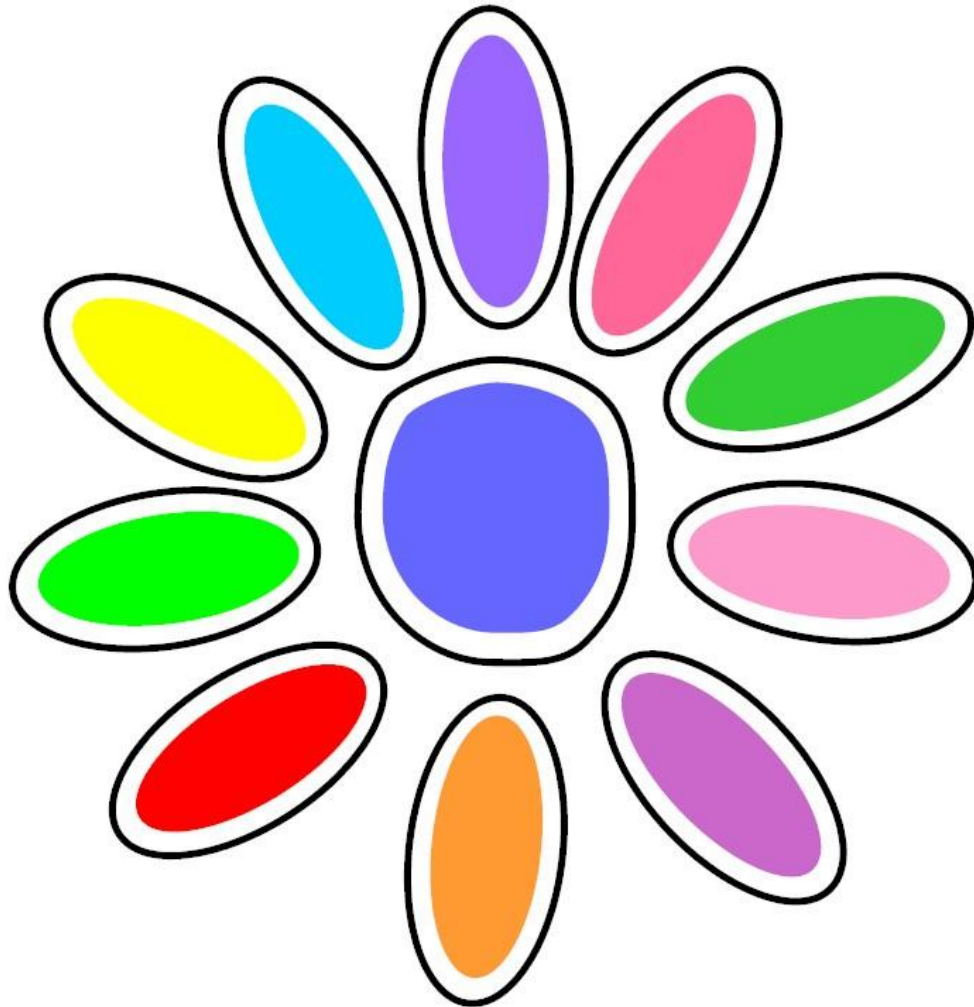
CLEAN-UP

Tidy up the meeting space in the same manner as last time.

CLOSING

Friendship Circle

DAISY PETALS



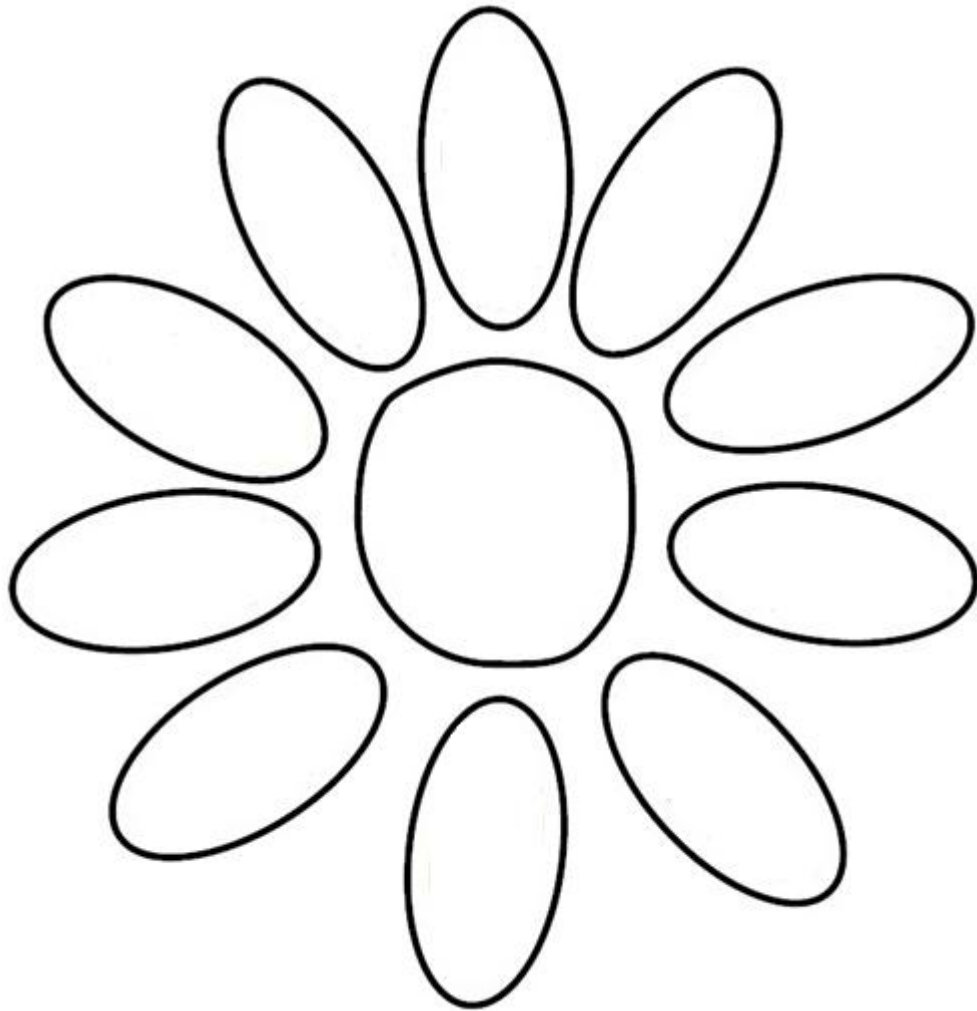
___ Promise Center – Daisy Blue

- ___ Light Blue – Honest & Fair
- ___ Yellow – Friendly & Helpful
- ___ Spring Green – Considerate & Caring
- ___ Red – Courageous & Strong
- ___ Orange – Responsible for what I say & do

- ___ Purple – Respect myself & others
- ___ Magenta – Respect authority
- ___ Green – Use resources wisely
- ___ Rose – Make the world a better place
- ___ Violet – Be a sister to every Girl Scout



DAISY PETALS



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MEETING THREE

Theme: Working Together

START-UP ACTIVITY

Name Tiles for Kaper Chart

Materials

- Daisy Petal Name Tiles (see attached template)
- crayons/markers/colored pencils

Instructions

- As the girls arrive, give each of them a Daisy Petal Name Tile.
- Instruct them to color the petals the same way they did last week – each petal is a different color that corresponds to the Girl Scout Law. (Maybe have a large Daisy Petal display as a reminder).
- Have each girl write her name in the blue center circle.

OPENING

Use the **Quiet Sign** to get the girls' attention.

Hold the usual **Flag Ceremony** with both the Pledge of Allegiance and the Girl Scout Promise.

BUSINESS

Kaper Chart

- What are kapers?
 - Kapers are the small jobs that must be done at every meeting.
 - A Kaper Chart helps us keep track of all the jobs, so that the meetings run smoothly.
- Discuss ways the girls can help the troop
 - flag ceremonies (Color Bearer and Color Guard)
 - activities (supply monitor and trash collector)
 - sweeper
 - snack helper
 - closing (squeeze starter), etc.
- Explain that when everyone helps at meetings, we are fulfilling the Girl Scout Promise – “I will try... to help people at all times.”
- Everyone will get a chance to do all the jobs at one point or another.
 - The Name Tiles they made earlier will be posted at different jobs at the beginning of each meeting.
 - Doing kapers is fun!

Adult Responsibility – For the next meeting, make a large Kaper Chart that can be displayed at each meeting. (See the attached example). Figure out the best way to attach the girls' Name Tiles to the Kaper Chart, so that the Kaper Chart can be used for the whole troop year. (For example, laminate the Kaper Chart and the Name Tiles separately, and use Velcro for easy attachment/reattachment).



ACTIVITIES

Daisy Girl Scout Song

Teach the girls the new Daisy Girl Scout song:

*I'm a Girl Scout Daisy! Take a look at me.
I'm a Girl Scout Daisy, happy as can be.
We're having fun and sharing
Each and every day.
I'm a Girl Scout Daisy,
Hip, hip, hooray!*

*I'm a Girl Scout Daisy! Take a look at me.
I'm a Girl Scout Daisy, happy as can be.
I'm going on a journey
With friends along the way.
I'm a Girl Scout Daisy,
Hip, hip, hooray!*

Words and music can be found on page 75 of *Welcome to the Daisy Flower Garden Journey Book*. You can also listen to and/or download an MP3 at GSUSA's Daisy Journey Page online.

Ceremony Invitations

Remind them about the investiture and rededication ceremony you've decided to hold. Discuss who to invite and how they can let them know about it (invitations!).

Materials

- heavy paper with pre-printed invitation information
- coloring implements
- anything else to decorate the invitations (stickers, glitter, etc)

Instructions

- Have the girls make invitations for the ceremony.
- Discuss who to invite to the ceremony.
- Have each girl make several invitations.
- Provide examples of invitations you've already made, so that have a better idea.

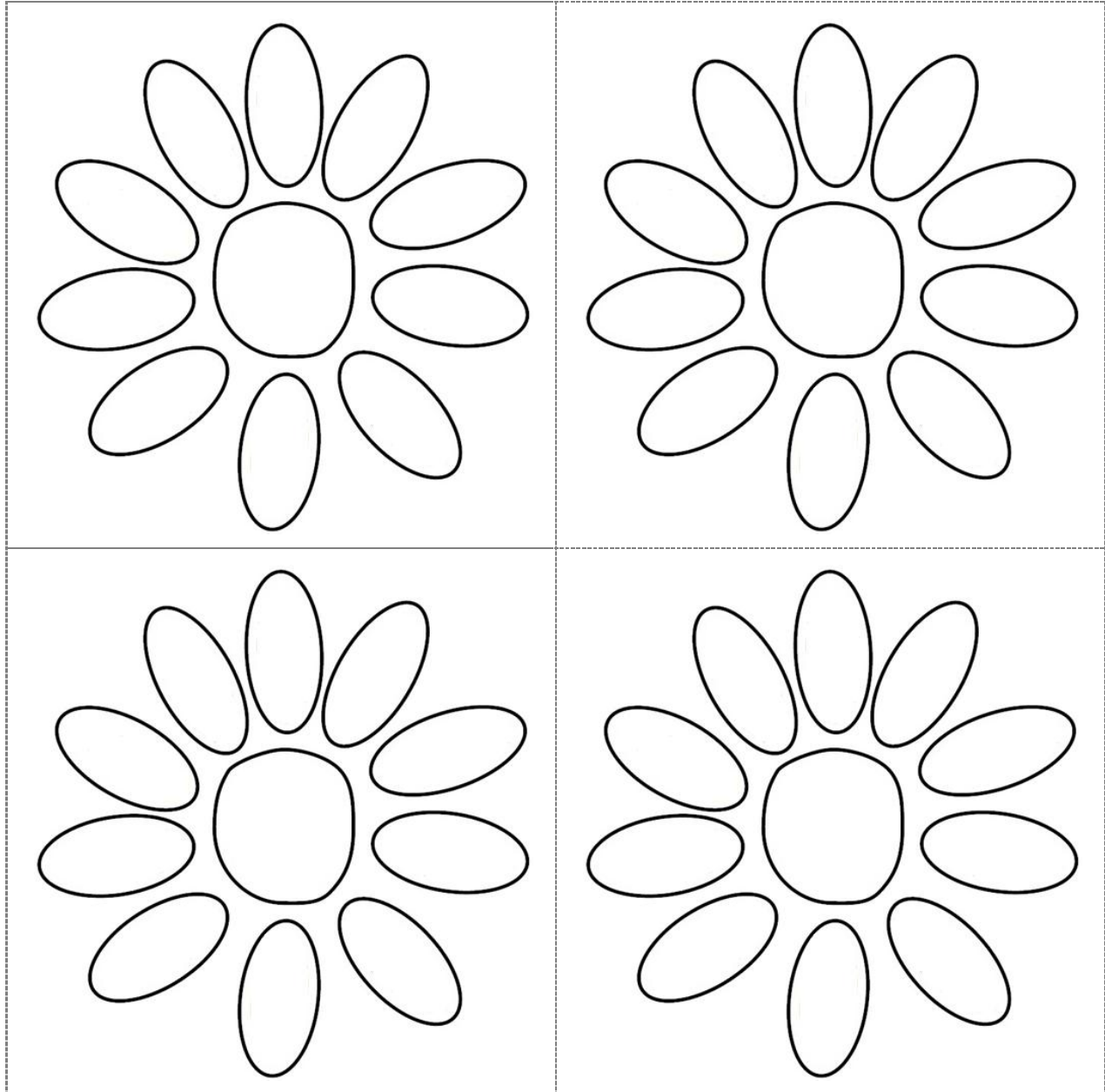
CLEAN-UP

If the Kaper Chart is ready, use it to lead clean-up. If not, tidy up the area in the same manner as the past two meetings.

CLOSING




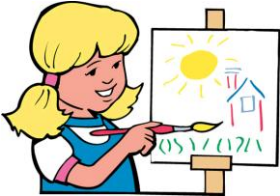





Friendship Circle

DAISY PETAL NAME TILE TEMPLATE



KAPER CHART EXAMPLE

DAISY TROOP 12345
KAPER CHART

<p>Meeting Starter</p> 	<p>Pledge Leader</p> 	<p>Clean-Up Helpers</p> 
<p>Craft Helpers</p> 	<p>Snack Helper</p> 	<p>Promise Leader</p> 
<p>Color Bearer & Color Guards</p> 	<p>Quiet Sign-er</p> 	<p>Squeeze Starter</p> 

Many more Kaper Chart ideas can be found on the internet.
A simple Google search will yield dozens of results.



MEETING FOUR

Theme: Planning the Ceremony

START-UP ACTIVITY

Ceremony Decorations

Materials

- Anything you think the girls would like to use to decorate the meeting space for the ceremony
- Examples: paper chains, paper daisies, etc. (the internet has many craft ideas!)

Instructions

- As the girls arrive, give them the appropriate materials and have them make the craft.
- Make sure they know they're making decorations for the ceremony.

OPENING

Use the **Quiet Sign** to get the girls' attention.

Hold the regular **Flag Ceremony**.

BUSINESS

Planning the Ceremony

Explain that you'll use this meeting to get ready for the investiture and rededication ceremony. Help everyone understand that every idea is a good idea. For Daisies, voting on ideas can sometimes lead to hurt feelings, so try to include as many ideas as possible.

- Choose songs, games, or other activities to use at the ceremony. Remind the girls of the songs they've learned at meetings already.
- Choose a snack to serve at the ceremony. Simple refreshments should be served at the ceremony's end. Teach the girls that they will serve their guests before they serve themselves.
- Explain what will happen at the ceremony.
 - Flag Ceremony with Pledge of Allegiance and Girl Scout Promise
 - Sing Daisy song(s) and/or play Daisy game(s)
 - Recognition
 - Leader explains to guests that the girls have been learning about the Girl Scout Promise and Law, and explains the Daisy Petals
 - Leader presents each girl with the Promise Circle for her Daisy Girl Scout recognition
 - Investiture and Rededication
 - New Daisies will receive their Daisy Girl Scout pin; Girl Scout handshake
 - Returning Daisies will receive their (optional) rededication patch; Girl Scout handshake
 - Refreshments
 - Clean-Up
 - Closing Friendship Circle; invite guests to join



ACTIVITIES

Girl Scout Handshake

Teach girls how to do the Girl Scout handshake.

- Do Girl Scout symbol with right hand
- Shake hands with left hand



CLEAN-UP

Use the Kaper Chart to tidy up the area.

CLOSING

Friendship Circle