

2014 Rally Guide

# Dive in!

and

be **Active!**



# 2014 Fall Product Program Rally Overview



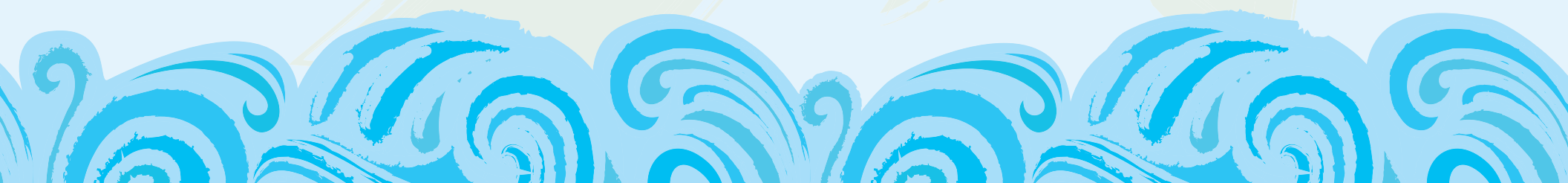
Once again, Ashdon Farms and QSP are excited to offer councils, service units, and troops the opportunity to host Fall Product Program (FPP) Rallies. As with other rallies, a FPP Rally at the council, service unit, or troop level will not only be a fun learning experience for the girls, but it will also motivate them to take action toward a successful FPP. Those who offered FPP Rallies last year considered them a success, with solid attendance and great feedback.

You and your leaders are the best ones to determine what is most effective for motivating the girls, so there's plenty of room for creativity and flexibility. Whatever type of rally you decide to host, whether grand or simple, it's sure to inspire your Girl Scouts to engage in the FPP even more than they did last year!

The theme for this year's FPP is "Dive In and Be Active!" At the FPP Rally, girls will participate in fun hands-on activities to learn about the nut and chocolate offerings, goal setting, entrepreneurship, and other life skills which empower them to discover, connect, and take action to make the world a better place.

## **Rally Planning**

The purpose of this guide is to help you plan for a successful FPP Rally. It includes preparation considerations, suggested rally procedures, and even Success Station ideas. Feel free to use the Success Station ideas exactly as they are, modify them for your rally, or create new station ideas of your own!



# Preparation: Preparing for Success

**Select a location, date, and time for the Fall Product Program (FPP) Rally.**

## **Get the word out!**

Communicate the FPP Rally details to the troop leaders and volunteers

Invite the girls and their parents/guardians

(Optional: As a fun activity, ask the girls to help make invitations)

Advertise the FPP Rally (e.g., Service Unit newsletter, troop newsletter, web site, etc.)

## **Success Station Planning**

Determine how many stations you will have, and which activity per Success Station

Recruit and prepare adults and older Girl Scouts to manage each Success Station.

(Make sure an adult is present at each station during the rally)

Reserve tables according to station requirements as well as other table requirements

(e.g., refreshments)

Gather supplies needed for each Success Station

Secure method for signaling the girls to move on to the next station (e.g., horn, whistle, bell)

# Preparation: Preparing for Success (Cont.)



## Set-up Considerations

**Decoration ideas:** Use images of girls working as a team to decorate.

**Music:** Music is a powerful tool for setting a positive tone at any event. We encourage you to have upbeat music playing throughout the duration of the rally. (Note: If you have any Success Stations that require music, be sure to have the rally music at a volume that won't interfere with the station.)

**Refreshments (optional):** If you choose to provide refreshments, be sure to ask the parents/guardians about any food allergies before the rally.

# Suggested Rally Order and Procedures

## Welcome

Start the event with the rally leader thanking the girls and their parents/guardians for joining in this exciting Fall Product Program (FPP) Rally, sharing why the FPP is important, and providing examples of some of the skills and values that they'll learn here at the rally.

## Procedure Overview

Explain that the girls will be divided into manageable groups. Each group will rotate from station to station with approx. 7-10 minutes at each station. When the time is up, you will signal that it's time to change stations. (To divide the girls into groups, they can number off, draw numbers from a hat, etc.)

## Closing Comments

Let girls and their parents/guardians know whom to contact if they have any questions. And wish everyone a fun time as they discover how they can "Dive In and Be Active".



# Success Station #1

## Pictionary

This station is designed to reinforce teamwork and communication skills.

### Supplies Needed

- Two Flip Charts
- Word Template (provided in appendix – intentional blank spaces available to add your own words)
- Markers
- Scissors
- Plastic cup (optional)

### Simple Preparation

- Set up the two flip charts where teams will be located
- Cut up the words into small pieces and place in a plastic cup

### Instructions

- Divide the girls into two groups
- One girl from each team will come up and select a folded up paper with the word they will be drawing
- Designate a time for the group to complete the drawing – approximately 60 seconds
- Team with the most correct answers, wins!



## Success Station #2

# I'm a Super Star!

This station encourages girls to set goals and tasks needed to accomplish their goal.

### Supplies Needed

- Magazine Cover Template (provided in appendix)
- Crayons
- Colored Pencils
- Scissors

### Simple Preparation

- Set table and chairs for girls to have space and spread out their supplies

### Instructions

- Provide a Cover Template to each girl and have her cut out the magazine cover to get started
- Ask the girls to draw a picture of themselves on the cover of the magazine and write down what the headline would say about them when they achieve their goal in the space provided
- Once the headline is written, list one or two tasks that was needed to achieve the goal
- Post your Cover where you can see it every day to remind you of your goal



## Success Station #3

# I can see your future!

### Supplies Needed

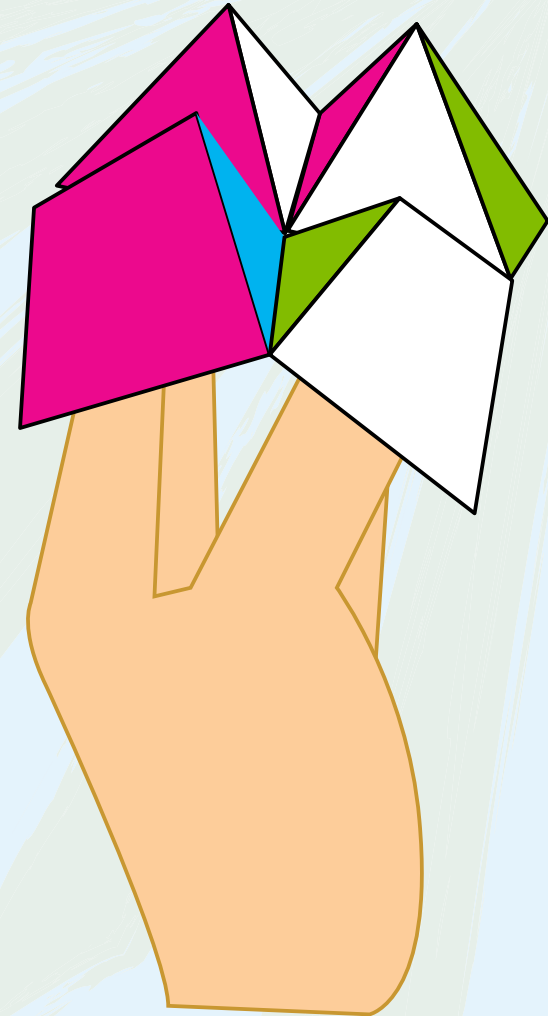
- Fortune Teller template (provided in appendix)
- Markers/Pencils
- Scissors

### Simple Preparation

- Set table and chairs for girls to have space and spread out their supplies

### Instructions

- Provide a Fortune Teller template to each girl
- Have girls fill in the template and follow instructions to create the fortune teller





## Success Station #4

# Sea Otter Puppet

This station encourages girls to work together as a team and discuss planning and strategy to accomplish their goal.

### Supplies Needed

- Paper lunch bags
- Copies of sea otter puppet pieces (provided in appendix)
- Crayons
- Scissors
- Glue
- Yarn or Pipe Cleaners

### Simple Preparation

- Set table and chairs for girls to have space and spread out their supplies.

### Instructions

- Provide the sea otter puppet template to each girl
- Color the sea otter body parts
- Cut out the pieces
- Glue the sea otter's head to the bottom of the lunch bag. Use yarn or pipe cleaners to make whiskers by gluing them to the face of the otter. Glue the tail to the inside edge of the bag and the rest of the parts to the outside of the bag



# Success Station #5

## Pistachio Flower

### Supplies Needed

- Pistachio Shells (lots of them!)
- Glue (hot glue gun is optional with adult supervision)
- Cardboard
- Paint & paint brushes (optional)

### Simple Preparation

- Set table and chairs for girls to have space and spread out their supplies
- If you're using a hot glue gun, plug it in to warm up

### Instructions

- Have girls cut out a circle (coaster size) to serve as a base to hold their pistachio shells
- Glue one end of the pistachio shell and place it at the center of the cardboard base
- Continue to add a pistachio shell going around in a clockwise direction until you can't see the cardboard base or make the flower as big or small as you'd like
- Once the flower is complete, you can paint the shells



# Success Station #6

## Frisbee Golf

This station encourages girls to focus on teamwork.

### Supplies Needed

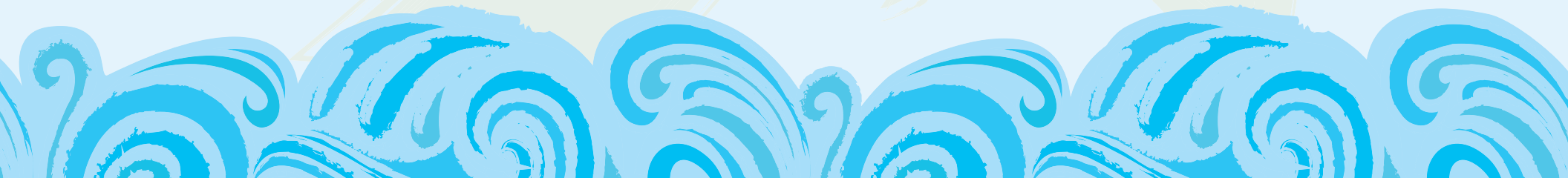
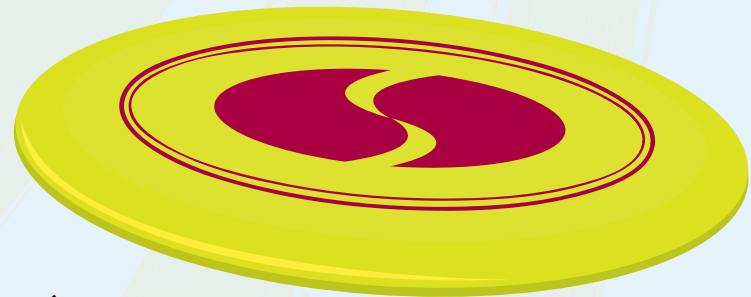
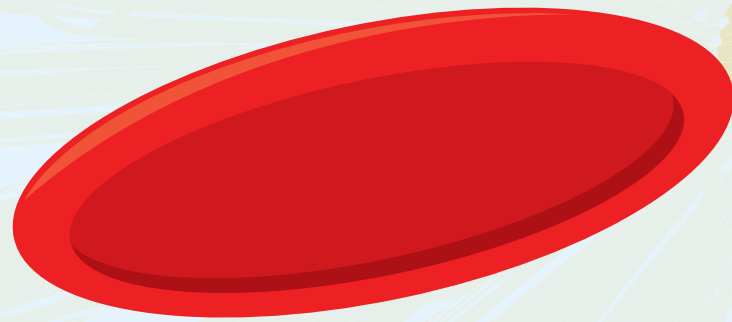
- Laundry Basket (various quantity and size)
- Frisbees

### Simple Preparation

- Place Laundry Basket several feet away from starting line

### Instructions

- Divide the group of girls into teams and select a leader for each group
- Have girls take turns throwing the Frisbee at the hole.
- The team to get the most Frisbees in the hole with minimal throws, wins
- Optional: design holes with different variations such as longer and shorter holes or have obstacles in the way to make it challenging



## Success Station #7

# You're like no otter!

This station encourages girls to demonstrate communication and being honest.

### Supplies Needed

- Otter template (provided in appendix)
- Color Pencils
- Scissors

### Simple Preparation

- Make copies of the otter template to distribute to the girls

### Instructions

- Provide an otter template to each girl and have them write their name in the space provided
- Each girl will then pass their otter to the girl to their left
- Ask the girls to write something they admire or a strength of the girl named on the otter
- Pass it around until the girl gets her own otter back
- Post the otter where you can see it every day to remind yourself of why you are so amazing



# Success Station #8

## My Newsstand

This station focuses on money management.

### Supplies Needed

- Magazines
- Small Post-it Notes
- Play Money (provided in appendix)

### Simple Preparation

- Makes copies of play money
- Make price tags using the Post-it notes and stick onto magazines

### Instructions

- Distribute play money among the girls
- You can ask trivia questions to have girls earn their play money if you'd like
- Girls will take turns managing the newsstand and being a customer
- Girls can ask questions like "I'm interested in cooking. What magazine would you suggest I buy?"
- Have girls create their own name badge (optional)



## Success Station #9

# Jump in, Jump Out

This station focuses on teamwork, communication and listening skills.

### Supplies Needed

- None

### Simple Preparation

- None

### Instructions

- Girls will form a circle and hold hands, facing the center
- Assign a leader and she will give instructions as follows:

Round 1

Leader says: "Say what I say and do what I say."

- Jump in. The whole group will jump in.
- Jump out. The whole group will jump out.
- Jump left. The whole group will jump left.
- Jump right. The whole group will jump right.

Say these commands for 20 seconds



## Success Station #9

# Jump in, Jump Out (Cont.)

### Round 2

Leader says: "Say opposite of what I say and do what I say."

- Jump in. Group should say "Jump Out" but physically jump in.
- Jump out. Group should say "Jump in" but physically jump out.
- Jump left. Group should say "Jump right" but physically jump left.
- Jump right. Group should say "Jump left" but physically jump right.

### Round 3

Leader says: "Say what I say but do the opposite of what I say"

- Jump in. Group should say "Jump in" but physically jump out.
- Jump out. Group should say "Jump out" but physically jump in.
- Jump left. Group should say "Jump left" but physically jump right.
- Jump right. Group should say "Jump right" but physically jump left.

# Success Station #10

## Magazine Puzzle

This station focuses on magazine product knowledge.

### Supplies Needed

- Magazine Covers (8 ½ x 11 size)
- Puzzle Template (provided in appendix)

### Simple Preparation

- Set table and chairs for girls to have space to assemble the puzzle
- Place the puzzle template on top of a magazine cover and follow the design to cut the puzzle pieces.

### Instructions

- Divide the girls into teams
- Hand one girl on each team the shuffled puzzle pieces
- As a timed event, have the girls assemble the puzzle pieces in one minute
- Once the puzzle is assembled, the girls team will need to shout out the name of the magazine and what category it would be relevant to. (i.e., For Fitness magazine, it could be exercise or health, People magazine could be celebrity news)
- First group to assemble and correctly name each magazine and category, wins!
- For more of a challenge, you can use a more difficult puzzle pattern





# Success Station #11

## Photo Booth

### Supplies Needed

- Prop Templates (provided in appendix)
- Caption bubbles (provided in appendix)
- Large Poster Board
- Wrapping paper or construction paper (backdrop)
- Popsicle sticks or dowels
- Tape
- xacto knife and/or scissors  
(adult supervision needed for xacto knife)
- camera and tripod (optional)
- Feather Boa (optional)
- Plush otter (optional)
- Bead necklaces (optional)

### Simple Preparation

- Print and copy Prop and caption bubble templates
- Set table and chairs for girls to have space to cut out and assemble their props
- If you're using a camera and tripod, set it up so you're ready to take a pic!



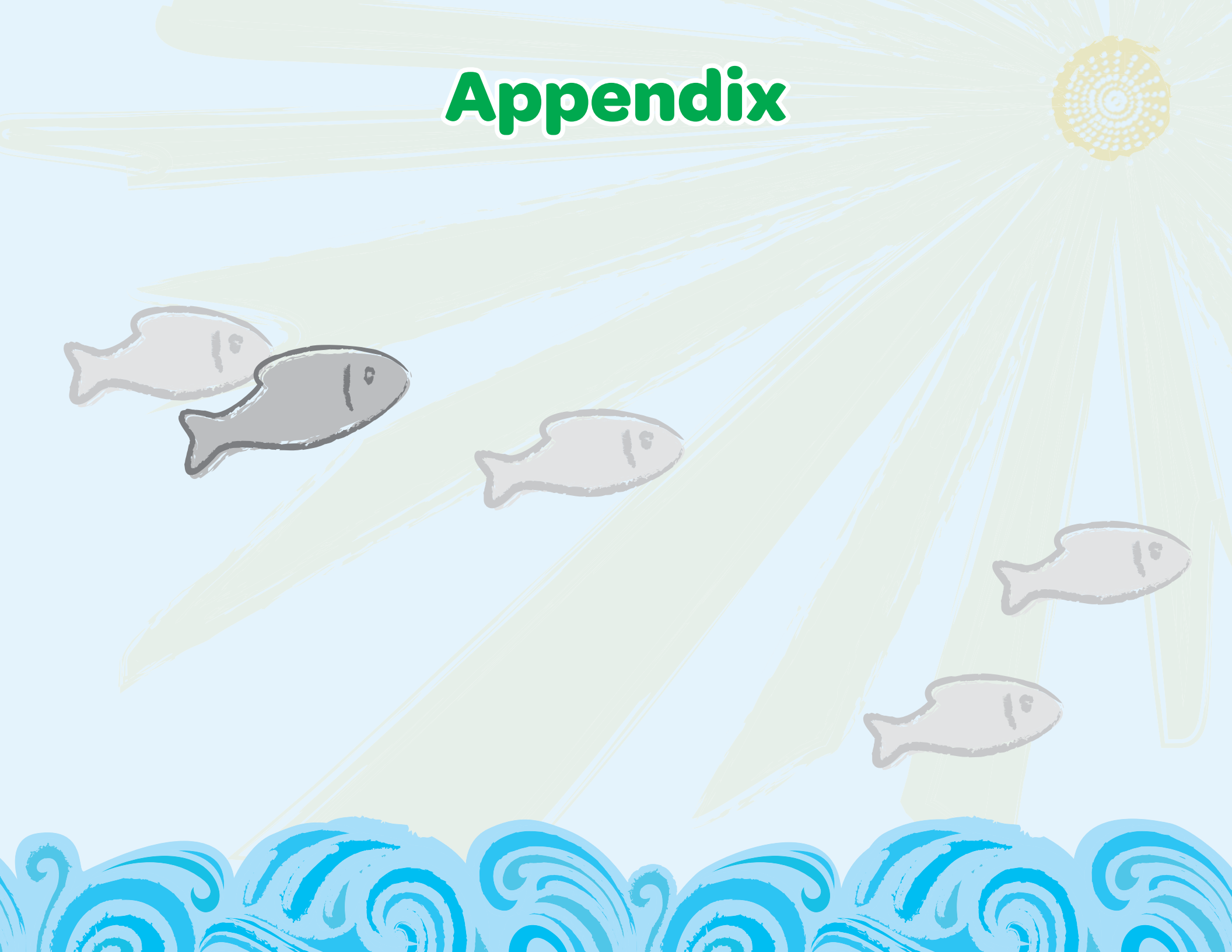
## Success Station #11

# Photo Booth (Cont.)

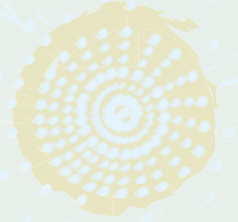
### Instructions

- Have girls pick a prop and cut out prop and caption bubbles (xacto knife can be used for precision on glass props)
- Use tape to attach a popsicle stick to the back of each prop
- Hang wrapping paper or construction paper on a wall to use as your backdrop
- Cut out a frame using the large poster board
- Have girls hold the frame in front of the backdrop, say cheese and have fun!

# Appendix



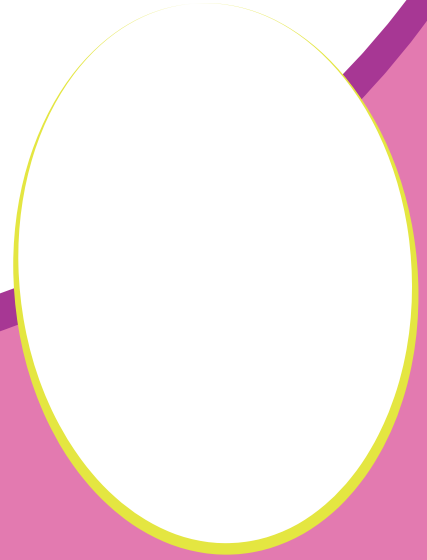
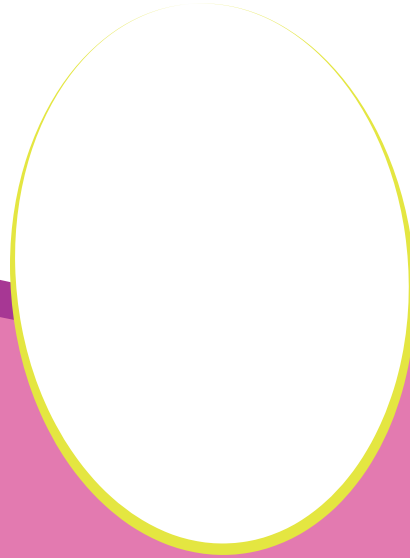
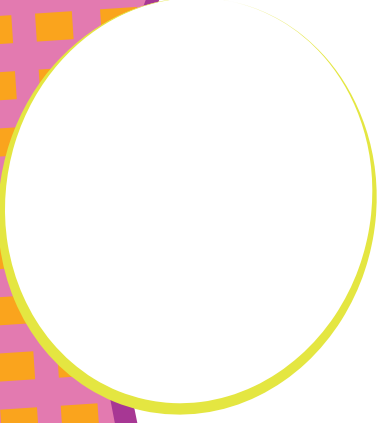
(Success Station #1)



SUN	PHOTO	
WAVE	SEA SHELL	
MAGAZINE	DIVE IN	
PEANUT	TREFOIL	
READING	FLOWER	
SEA OTTER	SMILE	
FALL	QUARTER	
MONEY	GIRL SCOUT	
TEAM	GRASS	
CLAM	GOAL	

# GO GETTIER MAGAZINE

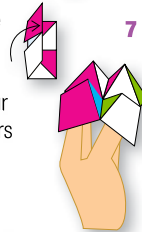
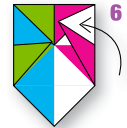
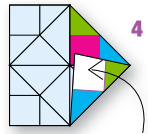
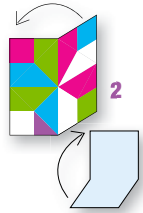
**5 TIPS ON  
HOW TO BE  
SUCCESSFUL**





## INSTRUCTIONS FOR MAKING YOUR FORTUNE TELLER

- 1 Cut out the Fortune Teller along the dotted line.
- 2 With the Fortune Teller side up, fold the square in half horizontally and then vertically, open the folds.
- 3 Turn the square over.
- 4 Fold each corner over so they meet in the middle, do not let them overlap.
- 5 Leave the square folded, and flip the square over.
- 6 Now fold the corners into the center – make sure they do not overlap.
- 7 Fold the entire square in half, with the monkeys on the outside, and poke your thumbs and forefingers in under the flaps.
- 8 Bring your fingers together so the Fortune Teller forms a peak.



See the Reverse side for Play Instructions

## Directions for Using the Fortune Teller

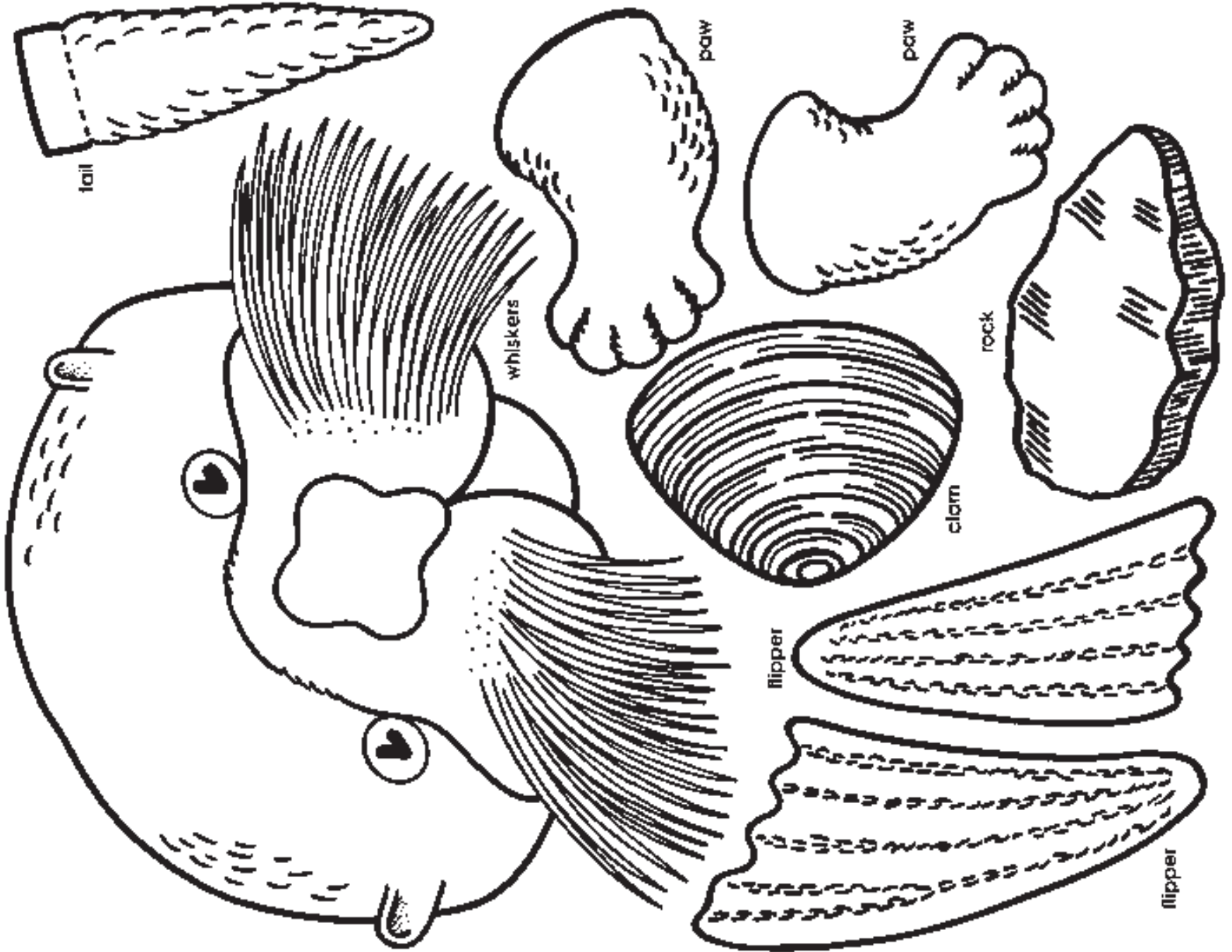
- 1 Choose a Girl Scout partner
- 2 Ask your partner to look at your Fortune Teller and pick a color (pink, white, purple or red). Spell the chosen word aloud as you move your hands back and forth opening the Fortune Teller once in each direction for each letter (P-I-N-K)
- 3 Ask your partner to look at your Fortune Teller and pick a number from the inside flap. Count the number selected aloud as you move your hands back and forth opening the Fortune Teller once in each direction for each count.
- 4 After the counting is complete, ask your partner to look at your Fortune Teller and select a color. When your partner chooses a color, say "Your Fortune is...." and open the flap to reveal their fortune!

You can continue playing until you read all the fortunes!

Have Fun!

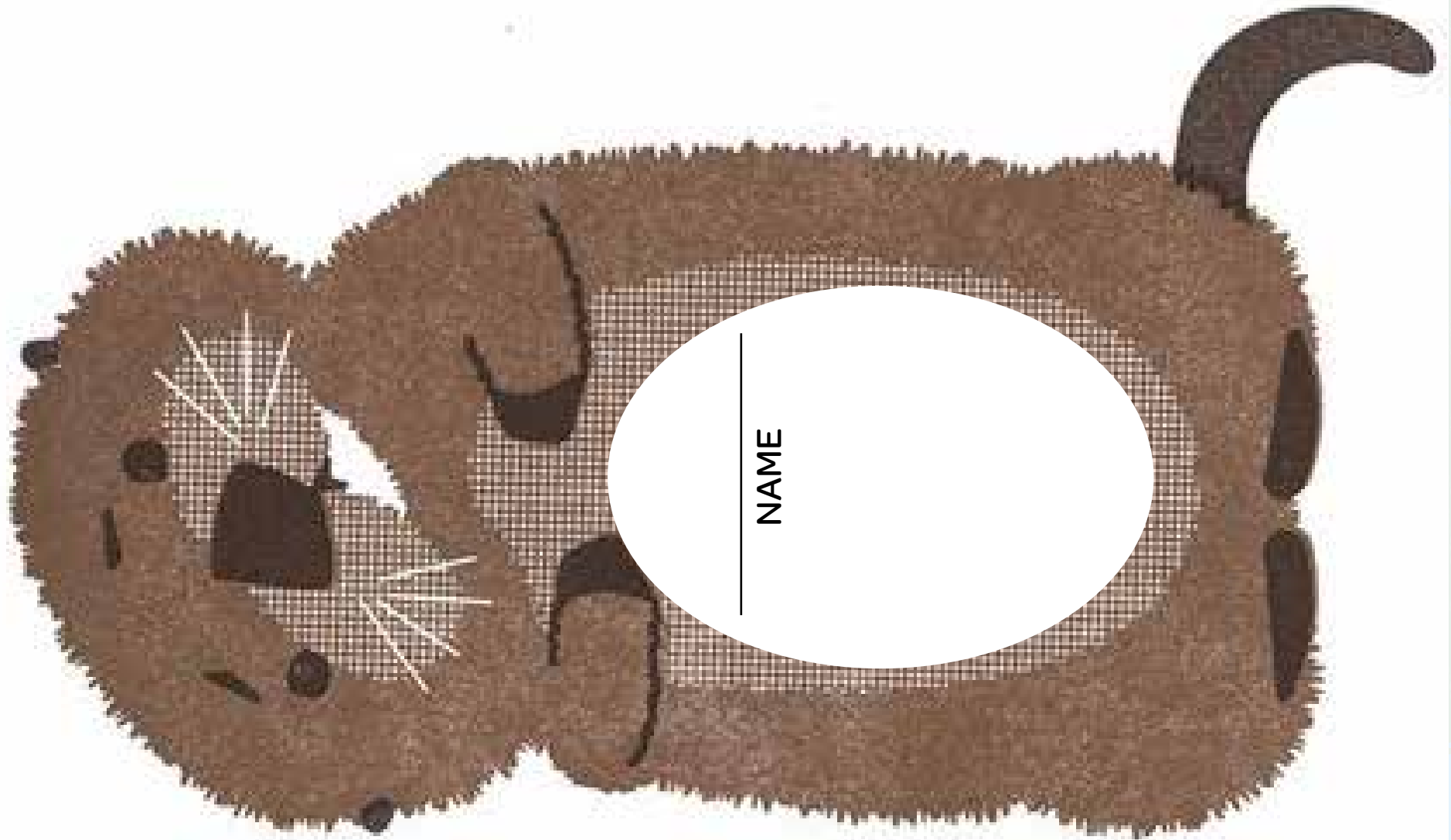
(Success Station #4)

**Puppet Pieces/Las piezas del títere nutria**





(Success Station #7)



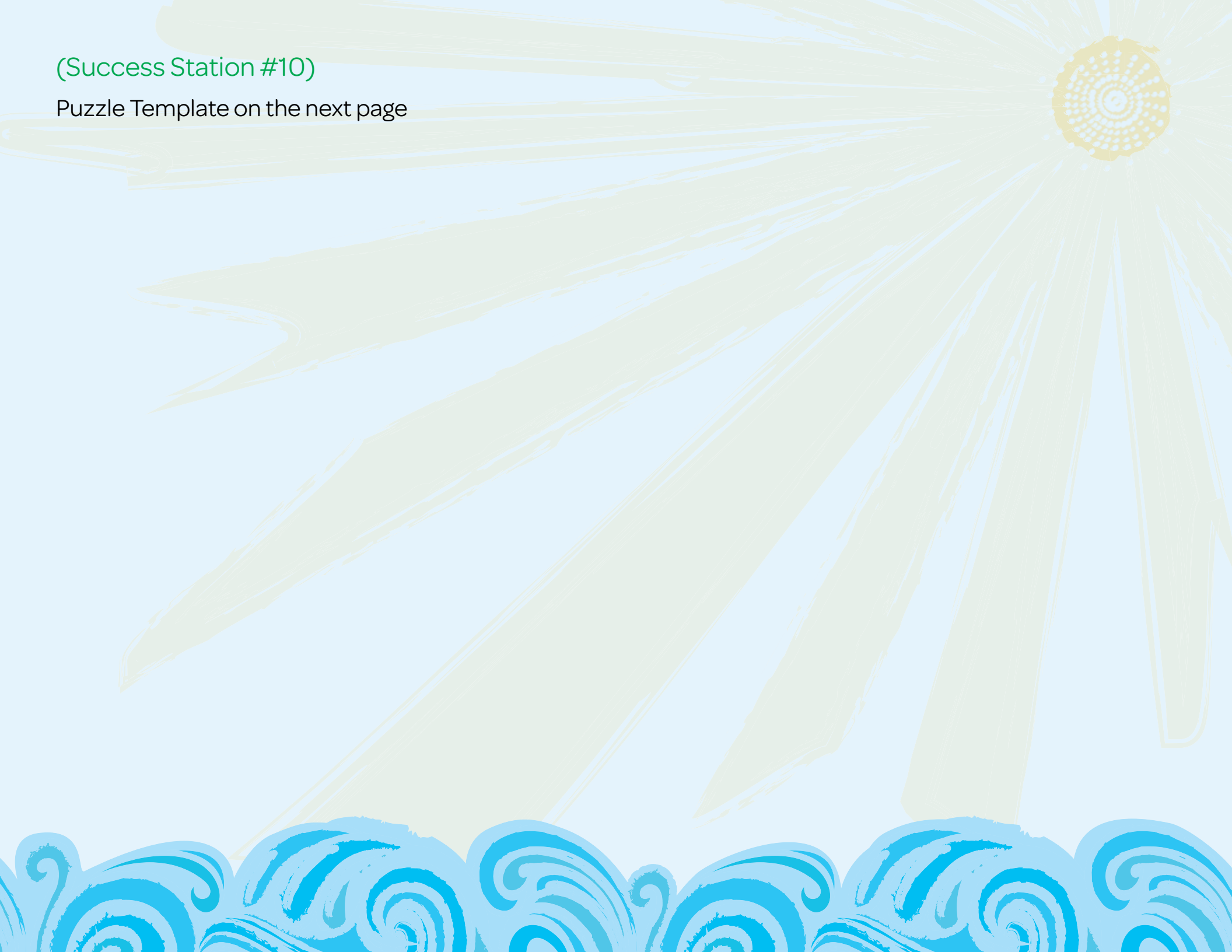
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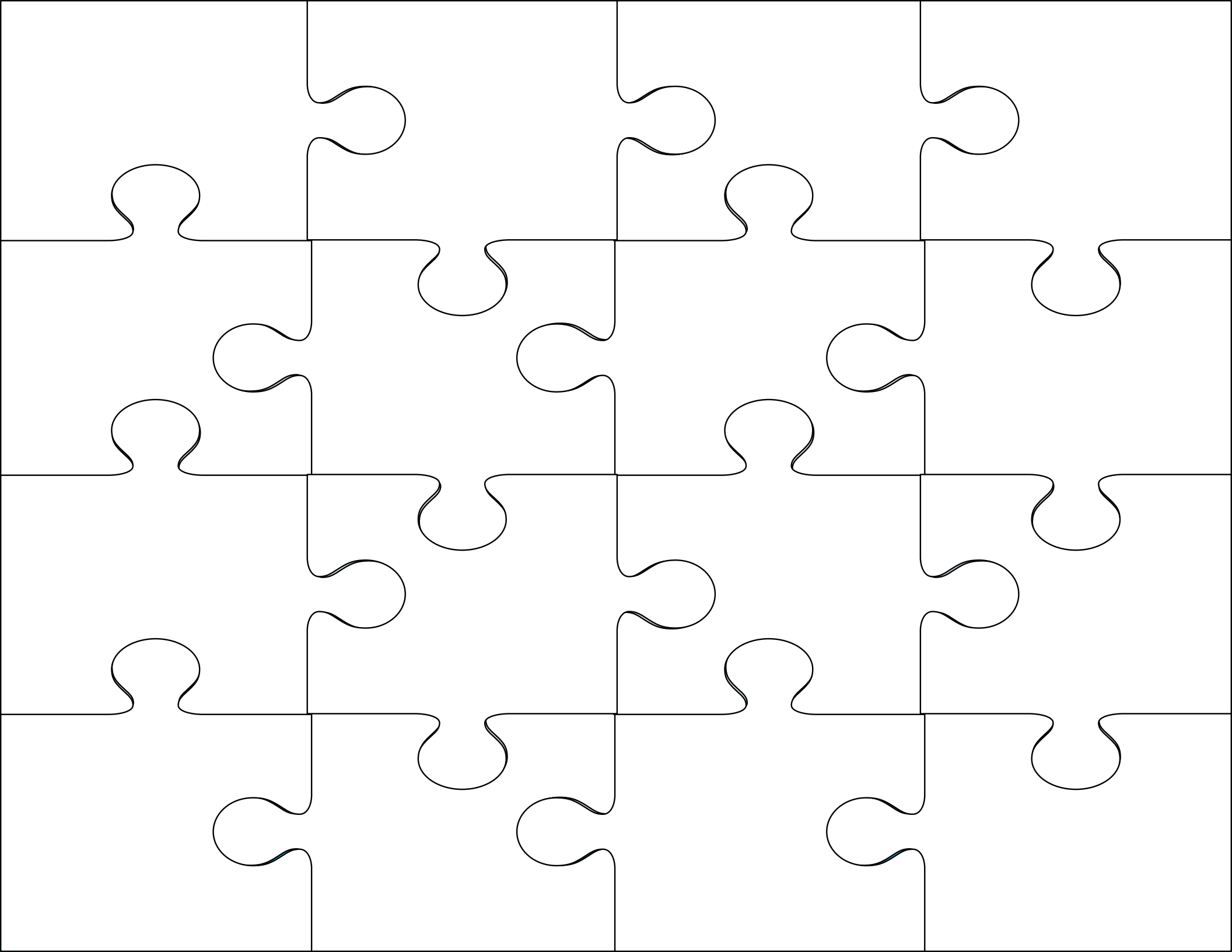
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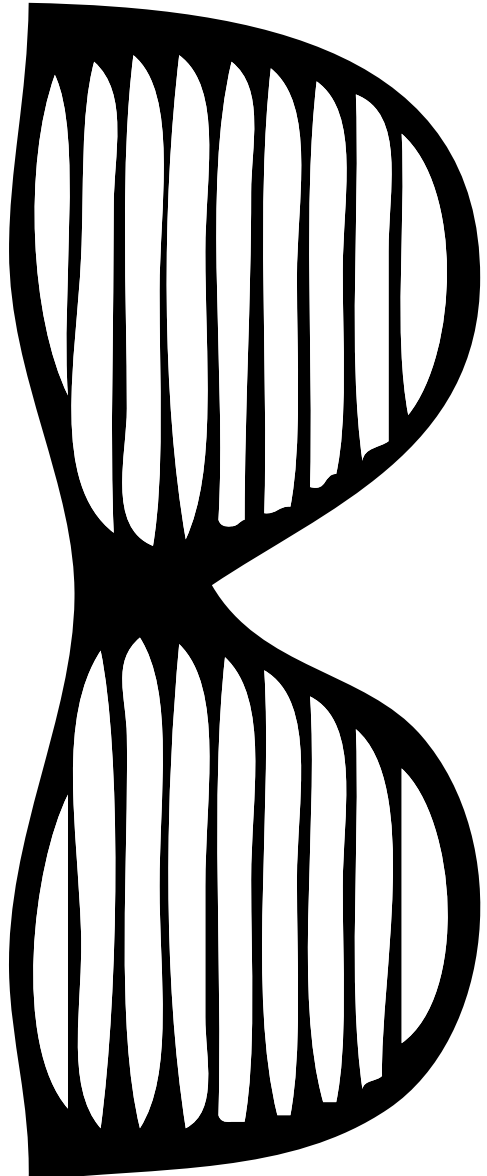
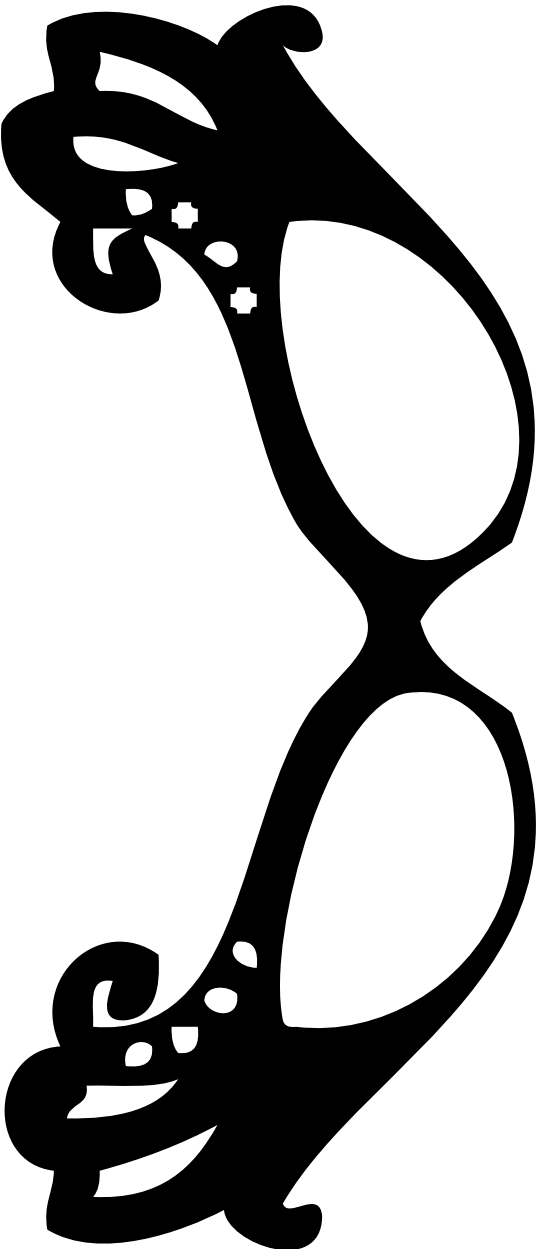
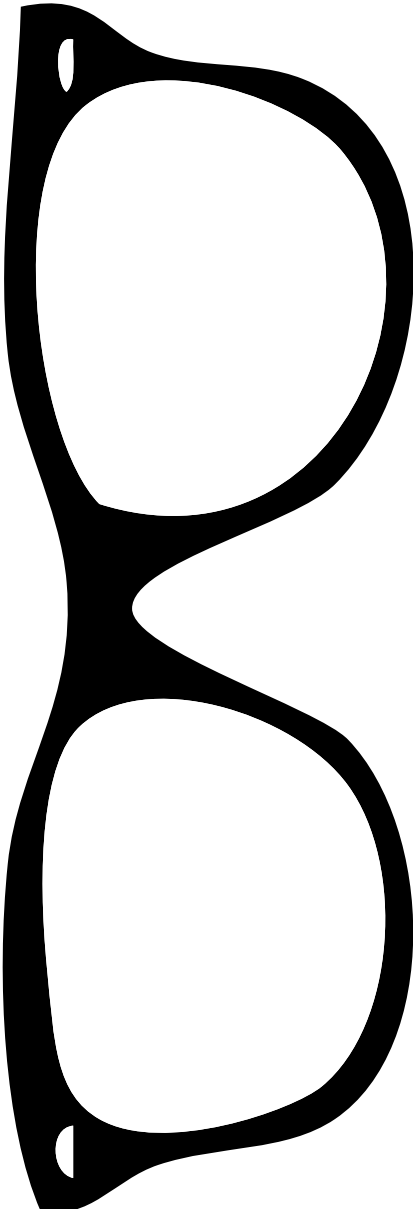
(Success Station #10)

Puzzle Template on the next page

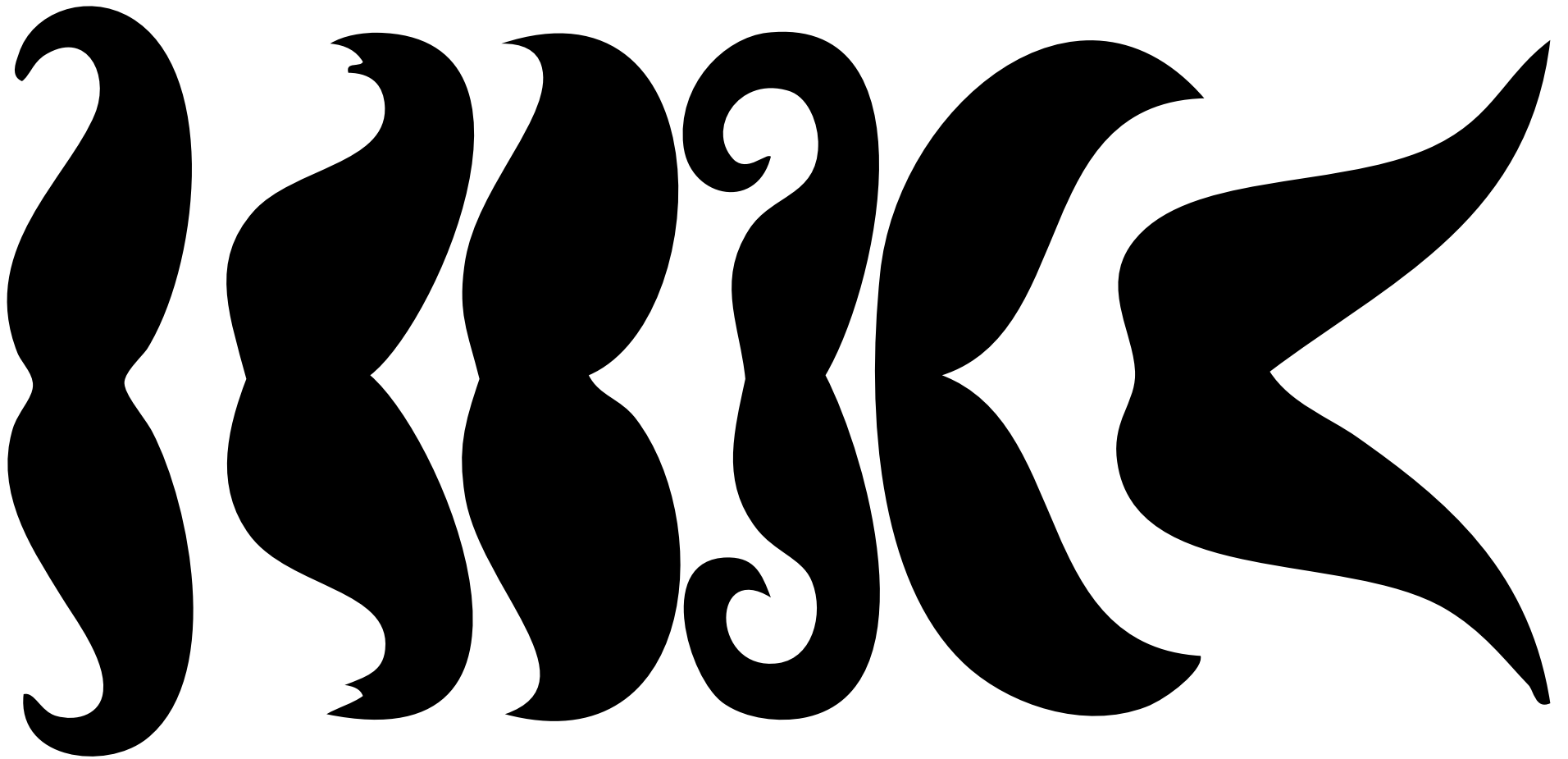




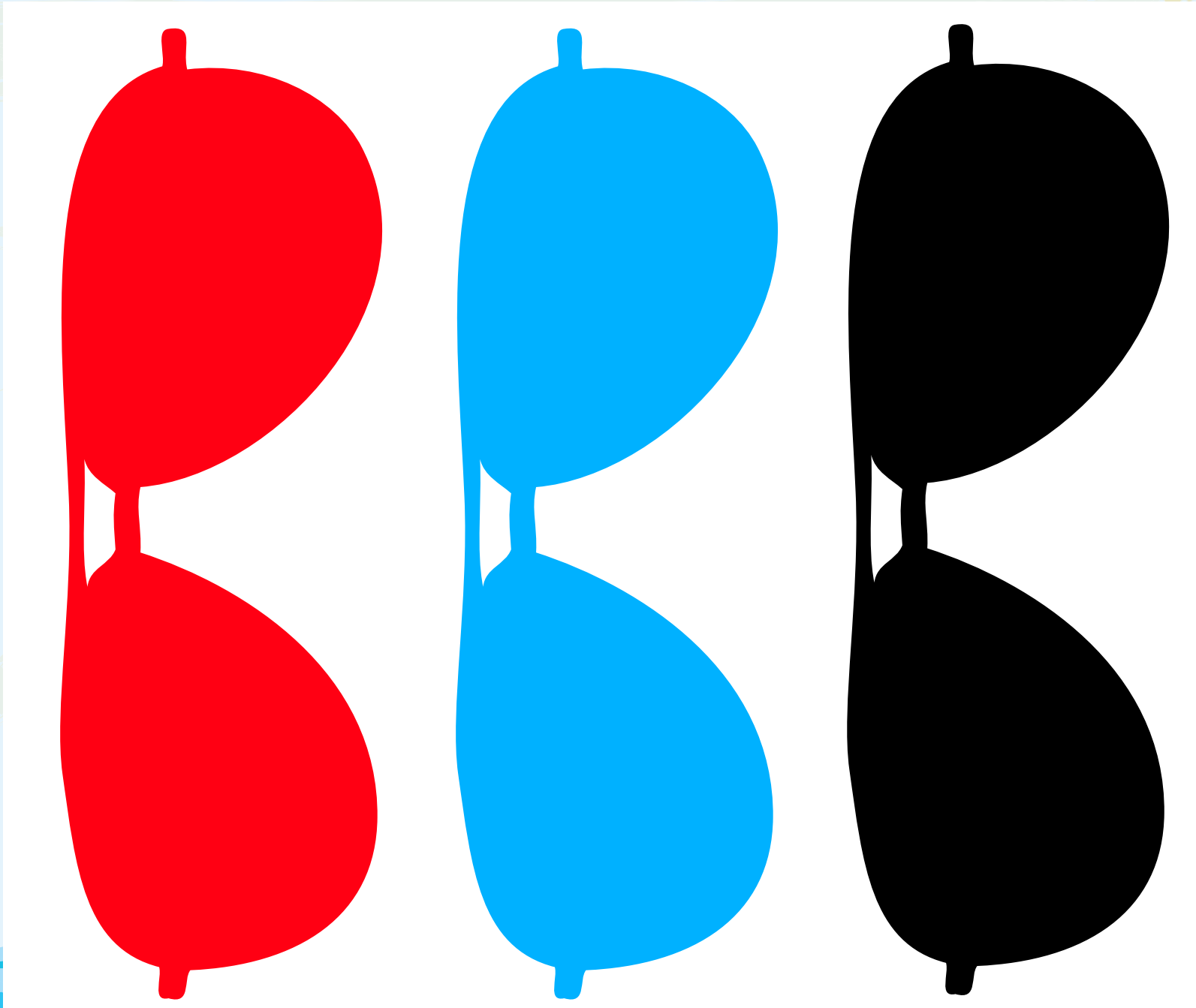
(Success Station #11)



(Success Station #11)



(Success Station #11)



(Success Station #11)

